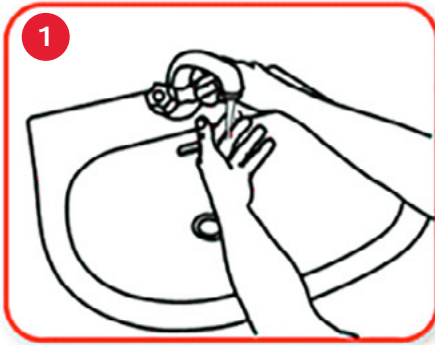
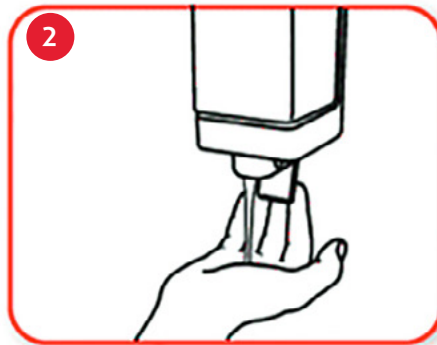


# Do You Wash Your Hands Correctly?

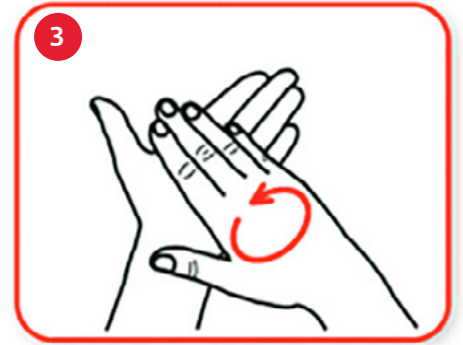
## 20 seconds



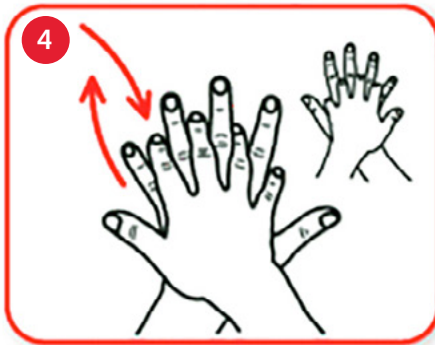
1  
Wet hands with water  
(if using soap)



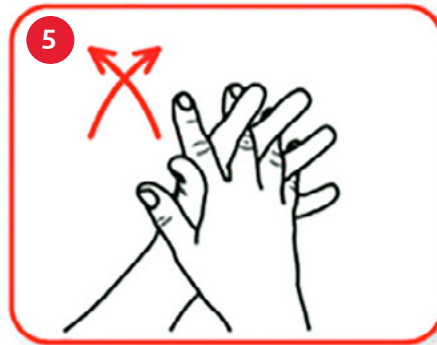
2  
Apply soap or  
alcohol based sanitizer



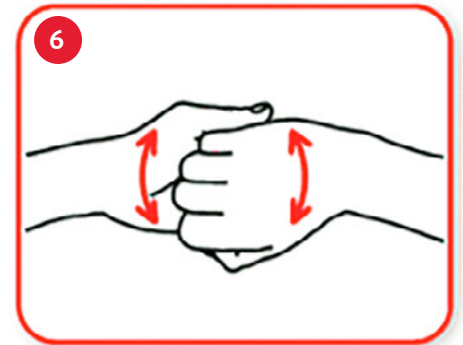
3  
Lather and rub palm to palm



4  
Rub in between and  
around fingers



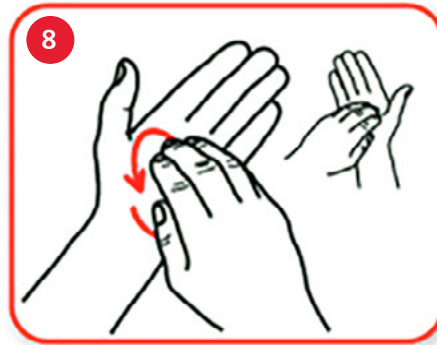
5  
Palm to palm with  
fingers interlaced



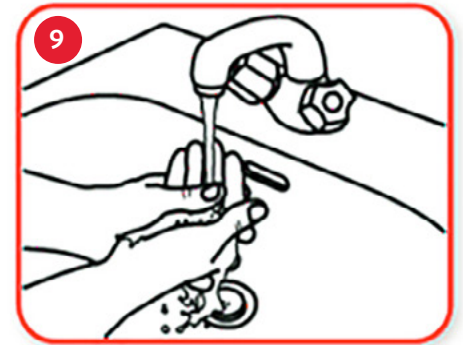
6  
Rub fingertips of each  
hand in opposite palm



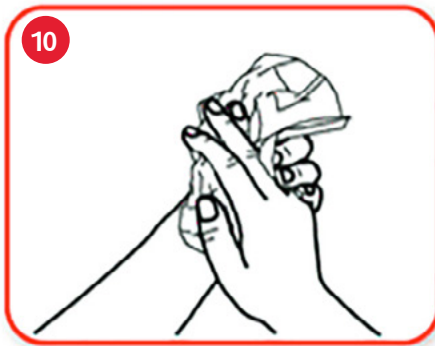
7  
Rub each thumb clasped  
in opposite hand



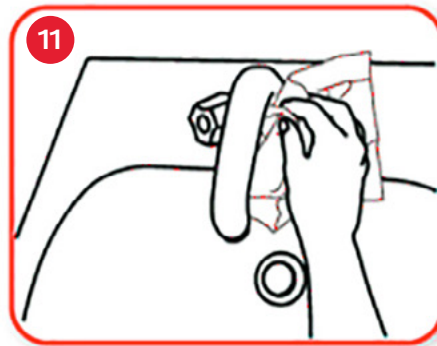
8  
Rub fingertips in palm.  
Reverse and repeat



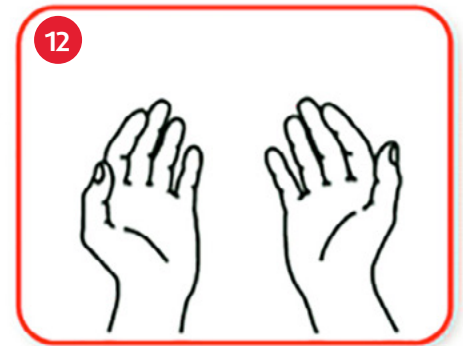
9  
Rinse hands with water  
(if using soap)



10  
Dry hands with single use towel  
(if using soap)



11  
Use towel to turn off faucet  
(if using soap)



12  
Your hands are now clean

3/31/2020